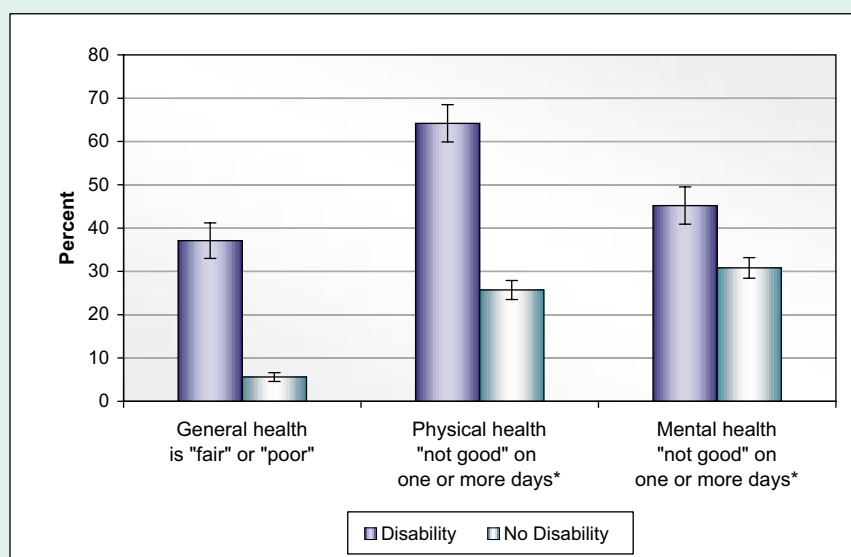


Table 3. Health Status, Montana Adults with and without Disability, 2001 and 2003
(with 95% confidence intervals)

General health is "fair" or "poor"						
	Total No.	2001 %	CI	Total No.	2003 %	CI
All Adults	3333	14.4	12.8-16.0	4013	12.3	11.1-13.5
Adults with Disability	741	43.9	39.0-48.8	947	37.1	33.0-41.2
Age 18-64	499	41.3	35.2-47.4	630	32.4	27.7-37.1
Age 65+	242	50.3	41.7-58.9	310	46.5	39.1-53.9
Adults without Disability	2587	7.0	5.8-8.2	3018	5.6	4.6-6.6
Age 18-64	2094	5.6	4.4-6.8	2435	4.4	3.4-5.4
Age 65+	489	14.8	10.9-18.7	558	12.8	9.3-16.3
Physical health not good on one or more of the past 30 days						
	Total No.	2001 %	CI	Total No.	2003 %	CI
All Adults	3304	30.9	28.7-33.1	3972	33.8	31.8-35.8
Adults with Disability	723	56.1	51.0-61.2	925	64.2	59.9-68.5
Age 18-64	492	57.4	51.3-63.5	624	67.2	62.1-72.3
Age 65+	231	52.9	44.3-61.5	294	58.3	50.7-65.9
Adults without Disability	2576	24.7	22.3-27.1	3000	25.7	23.5-27.9
Age 18-64	2086	25.7	23.0-28.4	2428	25.3	22.9-27.7
Age 65+	486	19.3	14.6-24.0	547	28.7	23.8-33.6
Mental health not good on one or more of the past 30 days						
	Total No.	2001 %	CI	Total No.	2003 %	CI
All Adults	3298	22.8	20.8-24.8	3962	33.9	31.7-36.1
Adults with Disability	728	35.4	30.5-40.3	927	45.3	41.0-49.6
Age 18-64	493	41.8	35.7-47.9	617	55.2	49.7-60.7
Age 65+	235	19.4	12.1-26.7	304	25.0	18.5-31.5
Adults without Disability	2565	19.7	17.5-21.9	2990	30.8	28.4-33.2
Age 18-64	2079	21.8	19.4-24.2	2414	33.7	31.0-36.4
Age 65+	482	8.3	5.2-11.4	551	13.9	10.0-17.8
Poor health prevented usual activities one or more of the past 30 days						
	Total No.	2001 %	CI	Total No.	2003 %	CI
All Adults	3318	18.5	16.7-20.3	3991	19.5	17.9-21.1
Adults with Disability	729	44.0	38.9-49.1	934	43.6	39.3-47.9
Age 18-64	494	45.3	39.2-51.4	623	49.6	44.1-55.1
Age 65+	235	40.6	31.8-49.4	305	31.2	24.3-38.1
Adults without Disability	2584	12.2	10.4-14.0	3009	13.1	11.5-14.7
Age 18-64	2092	12.8	10.8-14.8	2434	13.6	11.8-15.4
Age 65+	488	9.5	6.0-13.0	550	10.8	7.3-14.3

Figure 5. Self-reported health status, Montana adults – 2003



* In the past month

Would you say that in general your health is excellent, very good, good, fair, or poor?

Thirty-seven percent of Montana adults with disability described their general health as fair or poor.

Six times as many adults with disability (37%) as adults without disability (6%) reported fair or poor general health.

Older adults were more likely to describe their health status as fair or poor than their younger counterparts. Among adults with disability, almost half (47%) of those age 65 and older reported fair or poor health, compared to one-third (32%) of those younger than 65.

How many days during the past 30 days was your physical health not good?

Two in three (64%) Montana adults with disability indicated their physical health was not good on one or more of the previous 30 days.

More than twice as many adults with disability (64%), as adults without disability (26%), responded they had one or more days of poor physical health in the past month.

One in three (34%) adults with disability reported *14 or more* days of poor physical health in the past month—compared to just 4 percent of adults without disability.

Montana adults with disability reported an average 10.0 days of poor physical health in the past month—six times the average 1.6 days reported by adult without disability (Table 3-b).

**Table 3-b. Average Number of Poor Health Days (past 30 days),
Montana Adults with and without Disability – 2003**

		Disability	No Disability
		Average number of days*	
Physical health "not good"	All Adults	10.0 (9.0-11.0)	1.6 (1.4-1.9)
	Age 18-64	9.7 (8.6-10.9)	1.3 (1.1-1.5)
	Age 65+	10.7 (8.8-12.7)	3.6 (2.7-4.6)
Mental health "not good"	All Adults	6.0 (5.1-6.8)	2.3 (2.0-2.6)
	Age 18-64	7.3 (6.2-8.4)	2.5 (2.2-2.8)
	Age 65+	3.3 (2.0-4.5)	1.1 (0.6-1.5)
Poor health prevented usual activities	All Adults	6.1 (5.3-6.9)	0.7 (0.6-0.8)
	Age 18-64	6.4 (5.5-7.4)	0.6 (0.5-0.7)
	Age 65+	5.4 (3.9-7.0)	1.3 (0.7-1.9)

* with 95% confidence intervals

How many days during the past 30 days was your mental health not good?

Forty-five percent of Montana adults with disability—compared to 31 percent of adults without disability—reported their mental health was not good on one or more of the past 30 days.

Four times as many adults with disability (20%), as adults without disability (5%), indicated *14 or more* days of poor mental health in the past month.

Older adults (age 65 and older) were significantly less likely to report poor mental health than younger adults, regardless of disability status. Among adults with disability, the percentage of older adults reporting one or more days of poor mental health (25%) was about half that of younger adults (55%).

Adults with disability reported an average 6.0 days of poor mental health during the past 30 days—significantly higher than the average 2.3 days reported by those without disability.

During the past 30 days, about how many days did poor physical or mental health keep you from doing your usual activities?

Forty-four percent of adults with disability reported that poor health kept them from doing their usual activities on one or more of the past 30 days—three times as many as adults without disability (13%).

Among Montanans with disability, younger adults (50%) were more likely to report one or more days of activity limitation in the past month than those age 65 and older (31%).

One in five adults with disability (21%) said poor health interfered with their usual activities on *14 or more* of the past 30 days—ten times as many as those without disability (2%).

Adults with disability reported that poor health prevented their usual activities an average 6.1 days during the past month—compared to less than one day for adults without disability.